

WHO CAN I HELP?

Primary
Resources

Name:

Class:

Who will I help?:

What will I do?:



The 7 Skills We Need

Do I have these skills?
Score yourself out of ten
for each skill.

- 1 Great ideas ☐
- 2 Good at using information ☐
- 3 Being adaptable to change ☐
- 4 Being good in a team or a good team leader ☐
- 5 Being a great communicator ☐
- 6 Being a problem solver ☐
- 7 Being curious and imaginative ☐

Personal Qualities

Do I have these qualities?

- 1 Bravery ☐
- 2 Friendliness ☐
- 3 Helpfulness ☐
- 4 Kindness ☐
- 5 Decisiveness ☐
- 6 ☐
- 7 ☐
- 8 ☐

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More resources are available at
nationalcareersweek.com