

OK, let's hope you've got a clearer idea of where you want to get to in the future...you don't need to do everything on your own – who could help you?

This is your network – who do you know, how do you know them, how could they help?

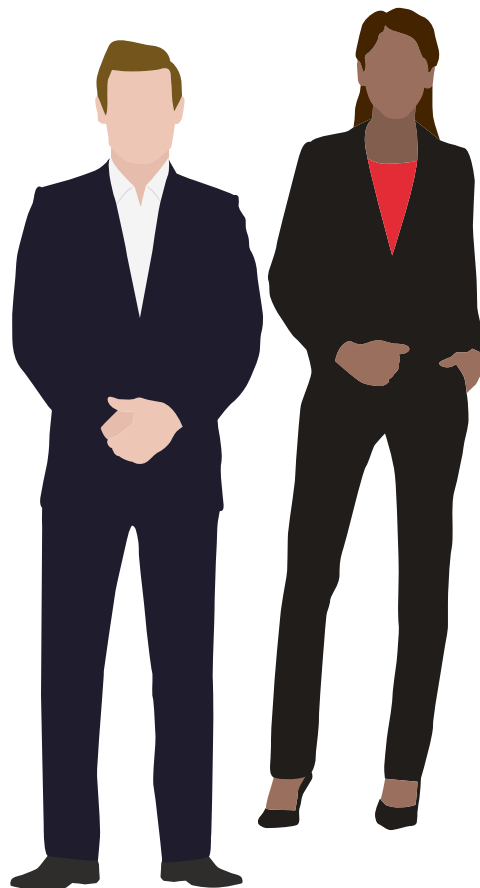
References, connections, recommendations, mentoring – support comes in lots of ways.

Family – who is in your family and could they help you? Don't forget uncles, grandparents and more distant relations.

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Friends – who do you know and could they / their parents or relations help you?

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Employers – do you have a part-time employer who would be willing to help you?

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Teachers – which teachers would be willing and able to help you?

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Others – Sports Coaches, Volunteering staff, DofE, Scout Leaders etc who could help you?

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