

Home School Careers Conversations 3

Family Careers Treasure Hunt

One of the most important areas that families can help a young person to achieve is building a careers portfolio, either online or in real life, the list below isn't exhaustive, experiment to see what works best for you.

The purpose of this portfolio is to provide you with evidence of your suitability for a job, apprenticeship or college/university place and also to build your own confidence.

Online

Create a personal website using one of the free website or portfolio building sites that can be found using a search engine or if you're looking to work in the creative fields, perhaps a YouTube or Vimeo playlist or a podcast.

In Real Life

The portfolio could take the form of a display book, a DVD, an art portfolio or a mixture of all three.

What to include:

- ☑ An updatable list of your employability skills (see sheet 2) and how you can demonstrate them
- Certificates & Awards. Not just GCSE and ALevel certs but attendance certificates, first aid, music or youth work records/certificates. These all go to show dedication and willingness to learn
- ☑ Reports or feedback
- Records of employment or voluntary work
- ☑ Work Experience reports and or diary
- ☑ Any letters of recommendation
- ☑ Art folio, audition preparations or other practical examples of your skills/talents
- ☑ Examples of things that you have done that you, or your family are proud of
- ☑ Any references you may have
- ☑ Notes of any meetings with a career development professional (aka a careers adviser)

Next Steps for Young People

Now congratulate yourself at putting these together, don't forget you can add to them as you go on.

Next Steps for Parents & Carers

You might like to share some of your work portfolio with your young person. Don't forget to be positive about what has been achieved so far and what additions might be possible in the near future.

These worksheets do not remove the need for all young people to have an opportunity to speak to a qualified career development professional – Please contact your child's school to gain access or contact the National Careers Service nationalcareers.service.gov.uk/contact-us