

Name: _____

Form /
Year Group: _____

My Personality
Animal is a: _____



Compare each of the 'or' statements below, and tick the option that is most like you. For example, choose one of 'I think out loud' or 'I think before I speak', then move to the next set of statements below it. Once you've chosen five statements in each section, see which side has the most ticks. This will give you a letter which will help you find your personality animal!

☐ I think out loud **OR** I think before I speak ☐

☐ I generally act quickly **OR** I generally act carefully ☐

☐ I'm a good talker **OR** I'm a good listener ☐

☐ I prefer to stand out **OR** I prefer to blend in ☐

☐ I tend to work best in groups **OR** I tend to work best alone ☐

E - Extrovert

- Gain energy from people or things around them
- Recharge their batteries by being active
- Be confident
- Be assertive

I - Introvert

- Gain energy from inside themselves
- Recharge their batteries by spending time alone
- Be careful
- Be good listeners

☐ I look for the facts **OR** I look for possibilities ☐

☐ I look for the details **OR** I look for patterns ☐

☐ I focus on what works now **OR** I focus on how to make it different ☐

☐ I prefer applying what I've learned **OR** I prefer learning new things ☐

☐ I tend to go step-by-step **OR** I tend to join in anywhere ☐

S - Sensing

- Have their feet on the ground
- Be good at thinking 'inside the box'
- Be practical
- Be realistic
- Be sensible

N - EiNtuitive

- Like to think about how things could be changed
- Be good at thinking 'outside the box'
- Be imaginative
- Be creative
- Be dreamers

☐ I generally follow my head **OR** I generally follow my heart ☐

☐ I ask 'is this the right decision' **OR** I ask 'how will it affect people' ☐

☐ I can give and take criticism quite easily **OR** I tend to avoid giving or receiving criticism ☐

☐ I tend to tell it how I see it **OR** I tend to be careful about saying things that upset people ☐

☐ I tend to focus on the task first, then the people **OR** I tend to focus on the people first, then the task ☐

T - Thinking

- Make decisions by doing the 'right thing'
- Like fairness
- Be logical
- Be objective
- Be honest

F - Feeling

- Make decisions by considering how it will affect people
- Like to be liked
- Be sympathetic
- Be friendly
- Be caring

☐ I like to plan and organise **OR** I like to wonder how it will turn out ☐

☐ I like writing lists **OR** I prefer not to write or use lists ☐

☐ I like things tidy **OR** I don't mind things untidy ☐

☐ I prefer it when I've finished a task **OR** I prefer it when I've started a task ☐

☐ I usually work at a steady pace until I'm finished **OR** I often work at the last minute to get things done ☐

J - Judging

- Organise themselves
- Relax once things are complete
- Be logical
- Get things done
- Be on time and on schedule

P - Perceiving

- Be flexible
- Be able to relax with things left incomplete
- Be spontaneous
- Be open-minded

Now, combine your letters and see which personality animal you are using this table!

Write your letters in order: _____

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INTJ - Barn Owl
INTP - Tawny Owl
ENTJ - Eagle
ENTP - Falcon

INFJ - Seahorse
INFP - Seal
ENFJ - Dolphin
ENFP - Clownfish

ISTJ - Polar Bear
ISFJ - Koala
ESTJ - Black Bear
ESFJ - Teddy Bear

ISTP - Tiger
ISFP - Cat
ESTP - Panther
ESFP - Lion