

Setting Expectations

What's your ideal lifestyle when you get a career? Living in a house? Owning a car? Going on holiday? These are living expenses. In this task, we want you to pick options from the boxes below relating to your ideal lifestyle once you've got a job. At the end, add your points to see a salary estimate needed for that lifestyle & possible careers to look into.

Instructions for learners:

1. In each box, draw a circle around the relevant options, also known as lifestyle expenses, you may choose to have when you get your first job. For example, when you have left education.
2. If a box asks you to Choose 1 option, select one option. For example, in housing, if you want to live in a house share, you should circle number 3. You wouldn't also choose to live in a flat.
3. If a box asks you to Choose as many as you like, select the ones you think you would need or want. For example, for Utilities, you may want internet, water and gas power in your home.
4. Once all boxes are complete, add all the numbers in the circles together to get a total. Then take a look at the career chart provided with this worksheet to match your points to a salary.
5. Finally, take your career search to the next level by checking out LaunchYourCareer.com.



Housing

(Choose 1)

None	0
Living at home	0
Room in house share	3
One bedroom flat	4
2 bedroom flat	5
House	6

Transportation

(Choose 1)

None	0
Walk	0
Bus	1
Train	2
Used car	3
Basic car	5
Average car	6
Luxury car	8

Spending Your Time Off

(Choose as many as you like)

Stay home	1
Out on the town once a week	2
Spend money on something costly (e.g. concert tickets)	3
Trips away (hotel & travel expenses)	4

Utilities

(Choose as many as you like)

Phone line	1
Internet connection	2
Mobile contract	2
Streaming service	2
Electricity	3
Water & Gas	4

Clothing Essentials

(Choose as many as you like)

Underwear	1
Socks	1
Accessories	1
Shoes	2

Other Key Things

(Choose as many as you like)

Small purchases	1
Pet care	2
Money for trips away	3
Gadgets (electronics)	4
Home furnishings (decorations, sheets, tables, etc.)	5

Savings Per Payday

(Choose 1)

2%	1
5%	2
7%	3
10%	4

Food

(Choose 1)

Eat at home	3
Home & fast food	4
Home & fine dining	4
Restaurants mostly	5

Monthly Personal Spend

(Choose 1)

£0 - 50 /month	1
£51 - 75 /month	2
£76 - 125 /month	3
£126 - 250 /month	4
£250+ /month	5

Personal Items/Services

(Choose as many as you like)

Basics (toiletries)	1
Gym/Sports passes	2
Hair & Skin services	2
Extras (makeup/scent)	3
Luxuries (designer)	4

Student Loan

(Choose 1)

None / Apprenticeship	0
Certificate	1
Associate's	2
Bachelor's	3
Master's	4

Careers Grid

Add up your points from the worksheet and write the total in the **Total Points** box to the right. Next, look at the career chart provided. Under each salary are careers that can pay that much with training. Match your points to the salary and see careers you could work towards to get your lifestyle.

The salaries relating to lifestyle are an estimate. They're there to provide an idea of what to expect when you factor living expenses into your monthly job paylips.

For more careers, check out **LaunchYourCareer.com** and surf tons of careers linked to your personality.

Tally your results to find possible careers for your chosen lifestyle.

Unsure what you want? Take our personality quiz at LaunchYourCareer.com to find the perfect career. You can even unlock a spirit animal linked to your personality and strengths. With 16 animals, which one will you be?

Total Points

Salary Range

Possible Careers

Lifestyle, Salary, and Careers Chart

Use your total points from the worksheet to see what category you fall under (Careers Suggested is based on the latest LMI data for average salary)

29 or less £16k - £25k	30 - 39 £26k - £32k	40 - 49 £33k - £36k	50 - 59 £37k - £43k	60 - 68 £44k - £53k	69 - 74 £53k - £63k	75 - 79 £64k - £74k	80 or more £75k +
Sales Assistant	Journalist	Author	Police Officer	Games Developer	Train Driver	Farmer	Air Traffic Controller
Chef	Animator	Barrister	Biochemist	Mechanical Engineer	Doctor	Advertising Director	Pilot
Artist	Photographer	Dentist	Electrician	Solicitor	University Lecturer	PR Director	Politician (MP)
Butcher	Carpenter	Firefighter	Teacher	Insurance Underwriter	HR Managers &/or Director	Marketing Director	Public Services Commissioner
Hairdresser	Graphic Designer	Nurse	Landscape Gardener	IT Business Analyst	Medical Practitioner	Sales Director	Broker
Social Care Worker	Postal Worker	Veterinarian	Health & Safety Officer	Property Manager	Senior Police Officers	Telecoms Director	Chief Executive Officer
Fairground Worker	Football Coach	Office Manager	Optometrist	Research Manager	Hovercraft Officer	Financial Manager	Financial Director