

Setting Expectations

What's your ideal lifestyle when you get a career? Living in a house? Owning a car? Going on holiday? These are living expenses. In this task, we want you to pick options from the boxes below relating to your ideal lifestyle once you've got a job. At the end, add your points to see a salary estimate needed for that lifestyle & possible careers to look into.

Instructions for learners:

- 1. In each box, draw a circle around the relevant options, also known as lifestyle expenses, you may choose to have when you get your first job. For example, when you have left education.
- 2. If a box asks you to Choose 1 option, select one option. For example, in housing, if you want to live in a house share, you should circle number 3. You wouldn't also choose to live in a flat.
- 3. If a box asks you to Choose as many as you like, select the ones you think you would need or want. For example, for Utilities, you may want internet, water and gas power in your home.
- 4. Once all boxes are complete, add all the numbers in the circles together to get a total. Then take a look at the career chart provided with this worksheet to match you points to a salary.
- 5. Finally, take your career search to the next level by checking out LaunchYourCareer.com.

.



Housing (Choose 1)

None	0
Living at home	0
Room in house share	3
One bedroom flat	4
2 bedroom flat	5
House	6

Transportation

(Choose 1)

None	0
Walk	0
Bus	1
Train	2
Used car	3
Basic car	5
Average car	6
Luxury car	8

Spending Your Time Off

(Choose as many as yo	u like)
Stay home	1
Out on the town once a week	2
Spend money on something costly (e.g. concert tickets)	3
Trips away (hotel &	

travel expenses)



(Choose as many as you like)

Phone line	1
Internet connection	2
Mobile contract	2
Streaming service	2
Electricity	3
Water & Gas	4

Food (Choose 1)



Eat at home	3
Home & fast food	4
Home & fine dining	4
Restaurants mostly	5

Monthly Personal Spend

(C11003E 1)	
£0 - 50 /month	1
£51 - 75 /month	2
£76 - 125 /month	3
£126 - 250 /month	4
£250+/month	5
	_

Clothing Essentials (Choose as many as you like)

Underwear	1
Socks	1
Accessories	1
Shoes	2

Other Key Things

(Choose as many as you like)

Small purchases	1
Pet care	2
Money for trips away	3
Gadgets (electronics)	4
Home furnishings (decorations, sheets,	5

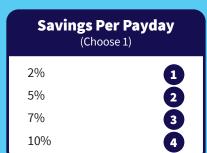
(Choose as many as you like)

Basics (toiletries)	1
Gym/Sports passes	2
Hair & Skin services	2
Extras (makeup/scent)	3
Luxuries (designer)	4

Student Loan



(1 1111)	
None / Apprenticeship	0
Certificate	1
Associate's	2
Bachelor's	3
Master's	4



tables, etc.)

Careers Grid

Add up your points from the worksheet and write the total in the **Total Points** box to the right. Next, look at the career chart provided. Under each salary are careers that can pay that much with training. Match your points to the salary and see careers you could work towards to get your lifestyle.

The salaries relating to lifestyle are an estimate. They're there to provide an idea of what to expect when you factor living expenses into your monthly job payslips.

For more careers, check out **LaunchYourCareer.com** and surf tons of careers linked to your personality.

Tally your results to find possible careers for your chosen lifestyle.

Unsure what you want?
Take our personality quiz at
LaunchYourCareer.com to find the
perfect career. You can even unlock
a spirit animal linked to your
personality and strengths. With 16
animals, which one will you be?

Medical Practitioner

Senior Police Officers

Hovercraft Officer

Sales Director

Telecoms Director

Financial Manager

Total Points

Salary Range

Broker

Chief Executive

Officer

Financial Director

Possible Careers

Lifestyle, Salary, and Careers Chart

Use your total points from the worksheet to see what category you fall under (Careers Suggested is based on the latest LMI data for average salary)

Graphic Designer

Postal Worker

Football Coach

Hairdresser

Social Care Worker

Fairground Worker

Nurse

Veterinarian

Office Manager

29 or less £16k - £25k	30 - 39 £26k - £32k	40 - 49 £33k - £36k	50 - 59 £37k - £43k	60 - 68 £44k - £53k	69 - 74 £53k - £63k	75 - 79 £64k - £74k	80 or more £75k +
Sales Assistant	Journalist	Author	Police Officer	Games Developer	Train Driver	Farmer	Air Traffic Controller
Chef	Animator	Barrister	Biochemist	Mechanical Engineer	Doctor	Advertising Director	Pilot
Artist	Photographer	Dentist	Electrician	Solicitor	University Lecturer	PR Director	Politician (MP)
Butcher	Carpenter	Firefighter	Teacher	Insurance Underwriter	HR Managers &/or Director	Marketing Director	Public Services Commissioner

IT Business Analyst

Property Manager

Research Manager

Landscape Gardener

Health & Safety

Officer

Optometrist